

This sticky delicious pineapple jam is extra decadent with a splash of Rum. Spread over your favourite bread or dessert. Refrigerate after opening.

Head to our website to experience our full range of over 30 deliciously decadent products.

[www.langsgourmet.com.au](http://www.langsgourmet.com.au)

*Made from the freshest & finest ingredients with a sprinkle of our Lang's Gourmet love*

**Lang's Gourmet**  
1/41 Neumann Rd Capalaba QLD 4157  
Ph: 3245 0000



Made in Australia  
from 98% Australian  
ingredients



# PINEAPPLE RUM JAM

ALL NATURAL INGREDIENTS  
**GLUTEN FREE**  
215g

**INGREDIENTS:** sugar, pineapple, fruit pectin (E440), Bundaberg Rum (less than 1%), citric acid (E330), spices.

NUTRITION INFORMATION		
Servings per package:		15
Serving size:		15g
<b>Per</b>	<b>Serving</b>	<b>100g</b>
Energy	198.84kJ	1325.6kJ
Protein	0.06g	0.41g
Fat, total	0.01g	0.05g
- saturated	0.00g	0.00g
Carbohydrate	11.56g	77.04g
- sugars	11.55g	77.00g
- sodium	11.55g	77.00g

Product Code: AS2.08

Best before: